What can be done for overactive bladder?

Check your learning by answering true or false for the following statements.

1) A threshold of more than six voids a day has been used to define “frequency” in overactive bladder. T/F
2) M2 and M4 muscarinic receptors predominate in the detrusor muscle. T/F
3) Inhibition of detrusor muscle contraction involves beta adrenergic receptor stimulation via sympathetic nerves. T/F
4) Sedating antihistamines can worsen symptoms of overactive bladder. T/F
5) Conservative treatments, such as Kegal exercises, should be tried for a month before any pharmacological treatment. T/F
6) A therapeutic effect with antimuscarinic drugs for overactive bladder is usually achieved within two to three weeks of starting treatment. T/F
7) According to current evidence, there is little significant difference in terms of efficacy among antimuscarinic drugs for overactive bladder. T/F
8) Solifenacin may be less likely to cause antimuscarinic side effects because it is M3 selective. T/F
9 Up to 30 per cent of patients stop taking immediate release oxybutynin because of side effects and the three times a day regimen. T/F
10) Intravaginal oestrogen may be considered for resistant overactive bladder symptoms in postmenopausal women. T/F

These questions are accessible until 2 August 2010 and must be answered online at www.pjonline.com/check