Health literacy is not just reading and writing

Check your learning by answering true or false for the following statements.

1) The UK population has a high level of health literacy. T/F

2) It is suggested that patients in hospital often have a lower ability to understand health care messages. T/F

3) Health literacy has many components, including fundamental, scientific, civic and cultural. T/F

4) Civic health literacy is the ability to recognise, understand and use the collective beliefs, customs, worldview and social identity of diverse individuals to interpret and act on information. T/F

5) The TOFHLA tool tests health literacy by, among other tasks, asking patients to answer questions related to a prescription medicine label. T/F

6) High health literacy always results in a healthy lifestyle. T/F

7) Scotland and Wales have developed a mental health literacy initiative. T/F

8) Health literacy is only about giving information. T/F

9) Health literacy learning tools and assessments for healthcare assistants are not available. T/F

10) Health literacy can be viewed as a risk or an asset. T/F

These questions are accessible until **26 October 2009** and must be answered online at www.pjonline.com/check